

HOW NOT TO GET HURT AT A PROTEST

Two rules. Follow them.

THE TWO RULES

1. **The dumbest thing you can do is go to a violent protest instead of staying home.**
2. **The second dumbest thing is to resist arrest or get in the way of officers carrying out lawful orders.**

A lot of people would still be alive if they had followed these two rules.

COOPERATE

Do not resist arrest. Do not try to run. Do not block officers who are executing legal orders.

If you walk into a zone of violence or put yourself between officers and their work, you accept the consequences of that choice.

DO NOT ATTEND VIOLENT ANTI-ICE PROTESTS

Stay home. Peaceful assembly is one thing. A street fight with federal agents is another.

MOST PROTESTERS ARE CANNON FODDER

Paid or professional agitators use the crowd to promote whatever cause is fashionable that week. You do not have to be one of them.

EVEN IF YOU GET PAID TO PROTEST

Follow the rules anyway. Whoever paid you to show up will not pay your hospital bills if you get hurt.

Stay home. Stay alive. Stay out of the way.